**Counseling Resource Referrals**

These resources are provided as a courtesy and in no way constitute an endorsement of relationship between the school district and the service provider. All listings and services are subject to change.

**Individual, Play Therapy, and Family Counseling**

Counselors or social workers work with clients and their families in different ways to help the progress toward goals.

**Amy Ott, Ph. D, LPC-S, RPT-S**

Gainesville

940-368-7176

Private practice that offers play therapy, individual counseling, and family counseling. Insurance and Medicaid accepted.

**BreakThrough Christian Counseling**

Btc-counseling.com

Gainesville

940-612-0049

Private practice that offers individual, marriage, and family counseling. Parent education. Insurance and Medicaid accepted.

**Bruce Hammond, MBA, MS, LPC**

580-222-4037

Private practice that offers individual and family counseling.

**Candace Ray Counseling Services**

<http://www.shermancounseling.com>

Sherman

972-679-9197

Individual and family counseling, play therapy, eye movement desensitization and reprocessing (EMDR), and animal assisted therapy and activities. Insurance accepted.

**Child and Family Guidance Center of Texoma**

<https://www.cfgcenter.org>

Sherman

903-893-7768

Play therapy, individual counseling, marriage counseling, and family counseling. Assessment services also available.

Insurance and Medicaid accepted.

**Kerri Kennedy-Reiter, LPC**

**Muenster Family Medical Clinic**

940-759-2161 or (940) 665-8056

Play therapy, individual, family, and marriage counseling.

**Kristi Longley, M.Ed, LPC**

Gainesville

325-669-9811

Individual, couples, and family counseling.

Insurance and Medicaid accepted.

**Michaele Ann Bryson, LPC**

[http://michaeleannbryson.com](http://michaeleannbryson.com/)

Gainesville

Individual, child, and family therapy offered.

Insurance accepted.

**Psychological Assessments and Evaluations**

Psychologists or other trained professionals who do evaluations to help assess behavioral problems and provide a diagnosis.

**Brain Balance**

<https://www.brainbalancecenters.com/locations/denton/>

Denton

940-654-7870

A personalized assessment to determine the cause of undesirable behavior in children.

**Cooke County MHMR**

Gainesville

940-665-3962

Outpatient or partial hospitalization mental health facility.

**Robert E. Hanson, Ph.D**

Gainesville

972-345-1789

Psychologist who administers assessments in order to identify a diagnosis and provide treatment options.

**Additional Resources**

A variety of other resources that may be needed.

**Al-Anon**

<http://www.dallasal-anon.org/>

Gainesville (Commerce Street)

Peer-led support group for families and friends of people who abuse alcohol. Not a counselor service.

**Alcoholics Anonymous**

<https://www.aa-gainesville.com/>

Gainesville

214-529-7941

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism.

**Child Advocacy Center**

301 W. Broadway | Gainesville, TX 76240

940-665-2873

Provides assistance to children who have been neglected or physically and sexually abused.

**University Behavioral Health of**

**Denton**

2026 W. University Drive

Denton, TX 76201

940-320-8100

Partial Hospitalization, Inpatient and

Outpatient Psychiatry Programs

**Crisis Hotlines**

Phone numbers for crisis assistance and connections/referrals to resources.

**Abigail’s Arms**

940-665-2873 24/7

No appointment necessary for immediate face to face crisis intervention and support. For victims of domestic violence or sexual assault.

**Friends of the Family**

800-572-4031 24/7

Offers support and advocacy to people affected by rape, sexual abuse, and/or domestic violence. May be able to connect with counseling services, legal referrals, and safety shelter.

**National Suicide Prevention Hotline**

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

800-273-8255 24/7

Connection by phone to a trained counselor at a crisis center. Call if you feel you are in a crisis and are thinking of taking your life.